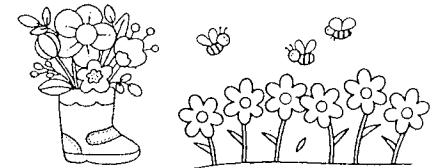






May 2026

Area Agency on Aging Region X Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				1st Fried Fish Filet Buttered Corn Collard Greens Wheat Bread Tropical Fruit Coffee/Tea/Milk
				
4th Sloppy Joe w/ Bun Cold Pea Salad Potato Salad Fluff w/ Fruit Coffee/Tea/Milk	5th Chicken Tenders Baked Potato w/ sour cream California Blend Wheat Roll Apple Crisp Coffee/Tea/Milk	6th BBQ Pork Riblet on a bun Potato Salad Cold Pea Salad Brownie Coffee/Tea/Milk	7th Spaghetti w/ Meat Sauce Dark Green Leafy Salad Mixed Fruit Garlic Rolls Cake Coffee/Tea/Milk	8th Biscuits and Gravy Sausage Scrambled Eggs Hashbrown Casserole Apple Juice Coffee/Tea/Milk
11th Meatloaf w/ Ketchup Mashed Potatoes w/ Gravy Candied Carrots Tropical Fruit Wheat Roll Coffee/Tea/Milk	12th Goulash Tomatoes & Zucchini Dark Green Leafy Salad Spiced Pears Wheat Roll Coffee/Tea/Milk	13th Chicken Salad Sandwich celery, onions Cucumber Tomatoes onion salad Potatoes Salad Sliced Wheat Bread Fluff Coffee/Tea/Milk	14th Cook's Choice Coffee/Tea/Milk	15th Taco Salad meat cheese beans Lettuce & Tomatoes Pineapple Tostitos Pudding Coffee/Tea/Milk
18th German Meatballs w/ Sauerkraut Mashed Potatoes Green Beans w/ onions Baked Apples w/ Cinnamon Whole Grain Roll Coffee/Tea/Milk	19th Sweet and Sour Chicken Fried Rice Oriental Vegetables Egg Roll Mandarin Oranges/Fortune Cookie Coffee/Tea/Milk	20th Hot Dog w/ chili & cheese w/ wheat bun French Fries Coleslaw Grape Juice Sliced pears Coffee/Tea/Milk	21st Birthday Dinner Chicken Fried Steak Mashed Potato / Gravy Peas & Carrots Whole Grain Roll Cake /w Fruit Coffee/Tea/Milk 	22nd Chef Salad w/ Egg Cheese Tomatoes Cucumber Onion 1/2 Ham Sandwich Tropical Fruit Cottage Cheese Coffee/Tea/Milk
25th Closed  MEMORIAL DAY REMEMBER AND HONOR	26th Korean Korean Beef Rice Rice Oriental Vegetables Mandrin Oranges Fortune Cookie Coffee/Tea/Milk	27th Cook's Choice  Coffee/Tea/Milk	28th Meatball Sub Sweet Potato Fries Cold Pea Salad Dark Green Leafy Salad Jello/w Fruit Coffee/Tea/Milk	29th Swiss Steak served over Mashed Potatoes Green Beans Wheat Roll Apple Slices Coffee/Tea/Milk

